

CANDIDATE EMAIL: test@recruitment-tests.co.uk

CANDIDATE NAME: EXAMPLE

CITY/TOWN: Test town

POSTAL CODE: Test Postcode

ROLE REFERENCE: ROLE

TEST TITLE: Emotional Intelligence | Duration: 30min



DATE TAKEN: 22/01/2019

TIME TAKEN: 6 min 19 secs

EMOTIONAL INTELLIGENCE: **51%**



Emotionally Intelligent - 80% or Higher - You are extremely Emotionally Intelligent. This will continue to serve you well in both your professional and personal life. You will be well aware of the need to practice the skills necessary to maintain high levels of EQ (Emotional Quotient). Look honestly at the five constituent elements of Emotional Intelligence listed below and consider which of these you need to work on.

Emotionally Intelligent - 66-79% - You have high levels of Emotional Intelligence. There is some room for improvement though. Given your high EQ, you will already have been aware of this. Continue to augment your Emotional Intelligence by helping others to develop and shine rather than just focussing on your own success.

Emotionally Intelligent - 51%-65% - You have a good balance between your Emotional Intelligence and IQ. Improvements in your Emotional Intelligence will enhance your performance so it is worthwhile developing it further. A key to doing so is the ability to recognise and understand your emotions and those of others.

Lower Emotionally Intelligent - 51%-59% - You have reasonable levels of Emotional Intelligence. However it is slightly overshadowed by your IQ. Work hard to build a balance between reason and emotion and you will reap the benefits in all aspects of your life. Look honestly at yourself, assess your own strengths and weaknesses, then work on these weaknesses to improve your performance.

Lower Emotionally Intelligent - 60% or Higher - Your answers indicate that you have a high IQ, but that your Emotional Intelligence score is quite low. This is very common amongst intelligent people. Research does show that you can improve your EQ with a little work. Start by focussing on empathy.

Emotional Intelligence: Emotional Intelligence is the ability to recognise your own emotions and those of others and use this information to guide your thinking and behaviour in order to achieve your goals. Scientific research shows that Emotional Intelligence is a more significant factor in determining personal and professional success than intellect alone.